


**COMMUNICATION OF ORGANIZATION**  
**INTERNATIONAL POLISH CUP,**  
**FINAL GRAND PRIX ABOUT WHITE STAR CUP**  
**U11 AND U13- KRAKÓW 12<sup>th</sup> November 2016**

<p><b>1. Organizers:</b></p> 	<p><b>Polski Związek Judo</b> <a href="http://www.pzjudo.pl">www.pzjudo.pl</a>  <b>Krakowski Okręgowy Związek Judo</b> <a href="http://www.kozjudo.org">www.kozjudo.org</a>  <b>TS Wisła Kraków</b> <a href="http://www.tswisla.pl/category/judo/">www.tswisla.pl/category/judo/</a>, <a href="http://www.tswislajudo.pl">www.tswislajudo.pl</a>  <b>Urząd Marszałkowski Województwa Małopolskiego</b></p>
<p><b>2. Date:</b></p>	<p>12.11.2016 (Saturday) 13.11.2016 (Sunday) RANDORI for all competitors</p>
<p><b>3. Place of the tournament:</b></p>	<p>Sports hall: TS Wisła ul. Reymonta 22, 30-059 Kraków</p>
<p><b>4. Office of the tournament:</b></p>	<p>Supervisor of the office: ROBERT ZACZKIEWICZ, email: <a href="mailto:r.zaczek@interia.pl">r.zaczek@interia.pl</a> phone: +48 698-670-812  Office worker: Anna Tota. Hours of work:  <b>11.11.2016 (Friday)</b>  18<sup>00</sup> - 20<sup>00</sup> &gt;&gt; Sports hall TS Wisła ul. Reymonta 22, 30-059 Kraków  <b>12.11.2016 (Saturday)</b>  10<sup>00</sup> 13<sup>00</sup> &gt;&gt; Sports hall TS Wisła ul Reymonta 22, 30-059 Kraków</p>
<p><b>5. Contact:</b></p>	<p>TS Wisła Kraków ul. Reymonta 22, 30 -059 Kraków, email: <a href="mailto:zawodyjudo@interia.pl">zawodyjudo@interia.pl</a>  Robert Zaczekiewicz +48 698-670-812, Michał Znamirowski +48 502 021 971</p>
<p><b>6. Rules of participation in the tournament:</b></p>	<p>1. The competition will be held on four mats by Sporting Regulations PZJ.  2. All competitors must have a current license of Polish Judo Association and current medical research  3. Clubs by reporting players for the competition must have a current club license.</p>
<p><b>7. Applications for sport competitions:</b></p>	<p>Children notification shall be submitted until 10/11/2016 9:00 am only by a panel of registration on the website <a href="http://www.judostat.pl/rejestracja">www.judostat.pl/rejestracja</a>  Please report precisely of the participants to the event due to organizational reasons.  Clubs make submissions of sports for youngsters only by mode electronic system PZ Judo in accordance with the Sporting Regulations, <a href="http://www.pzjudo.pl/system">www.pzjudo.pl/system</a> for at least 5 days before the event. Submissions made in another mode will not be considered.</p>
<p><b>8. Price of participation:</b></p>	<p>Covered by interested clubs.</p>
<p><b>9. The cost:</b></p>	<p><b>30,00 zł/os.</b> for participants from Poland; <b>10 EUR/os.</b> For participants from abroad</p>
<p><b>10. Age of participants and level:</b></p>	<p>U11 GIRLS (2006-2007)  U11 BOYS (2006-2007)  U13 GIRLS (2004-2005) – min. 5 KYU  U13 BOYS (2004-2005) – min. 5 KYU  U15 GIRLS (2002-2003) – min. 5 KYU  U15 BOYS (2002-2003) – min. 5 KYU</p>
<p><b>11. Weight categories:</b></p>	<p>U11 girls (2006-2007): <b>25/28/31/34/37/41/46/+46 kg</b>  U11 boys (2006-2007): <b>27/30/33/36/39/42/ 46/51/+51kg</b>  U13 girls (2004-2005): <b>31/34/37/40/44/48/ 52/56/+56 kg</b>  U13 boys (2004-2005): <b>33/36/39/42/46/50/ 55/60/+60 kg</b>  U15 girls (2002-2003): <b>36/40/44/48/52/57/ 63/70/+70 kg</b>  U15 boys (2002-2003): <b>38/42/46/50/55/60/ 66/73/81/+81kg</b></p>
<p><b>12. Accommodation /Participating teams, Referees i Delegates of PZJ/:</b></p>	<p>„Hotel Efekt Express” **** ul. Opolska 14, 31-323 Kraków;– 5 km from the sports hall.  <a href="http://www.krakowexpress.pl">www.krakowexpress.pl</a> Reservation of accommodation until <b>04.11.2016 r.</b> Please announce personally at phone number. +48 12 61 45 800 password JUDO Prices: 320,00 zł /with breakfast/ rooms for 3 people, 230,00 zł /with breakfast/ double rooms, 215,00zł /with breakfast/ single room</p> <p><b>Hostel PTSM</b> ul. Oleandry 4, 30-060 Kraków - 4,1 km from sports hall .  <a href="http://www.smkrakow.pl/rezerwacja-noclegi-pokoje">http://www.smkrakow.pl/rezerwacja-noclegi-pokoje</a> Reservation of accommodation until <b>04.11.2016 r.</b> Please announce personally at phone number +48 12 633 88 22 or by the website.  Prices: double or triple rooms with bathroom 60 zł by a person, 2-5 bedded room without bathroom 50 zł, 4-6 bedded room 43 zł per person, room 10-12 people 35 zł per person.  <b>Payment for unused nights will be charged according to the booking.</b></p>

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<b>13. Program of the tournament:</b>	<p><b>11.11.2016 r. - FRIDAY:</b> ARRIVAL AND ACCOMMODATION participants of the competition - information in the Race Office in hours. 18:00 - 22:00</p> <p><b>11.12.2016 r. - SATURDAY:</b> WEIGHT - by following this plan hourly, DRAW: after the completion of weighing excluding professions youngsters HOURS OF STARTING THE COMPETITION: U11 - U13 hours. 10:00; U15 - hours. 15:00;</p>
<b>14. The Commissioner of the competition:</b>	Krzysztof Rogulski phone: 534-651-939, email: <a href="mailto:krzysztof.ro@wp.pl">krzysztof.ro@wp.pl</a>
<b>15. Verification of the draw:</b>	Verification of the draw carried by Competition Commissioner in the conference room TS Wisła Kraków ul. Reymonta 22, 30-059 Kraków <b>19<sup>45</sup> – 20<sup>30</sup></b> on 11.11.2016 r. (Friday) - competitions for youngsters
<b>16. Technical Conference and draw:</b>	Sala konferencyjna TS Wisła Kraków ul. Reymonta 22, 30-059 Kraków <b>11.11.2016 r. (piątek) – 21<sup>00</sup></b> >> competitions for youngsters.
<b>17. Head Referee:</b>	Head Referee participates in the technical conference.
<b>18. Duration of the fight:</b>	Duration of the fight- 3 minutes
<b>19. Judogi:</b>	They apply in white judogi. It also suggests to have a blue judogi - in the absence of valid, red belt. Instead. Judogi control is performed in accordance with applicable regulations. For decoration apply judogi white color is obligatory.
<b>20. Weighing and Medical examinations:</b>	<p>SPORTS HALL TS WISŁA ul. Reymonta 22, 30-059 Kraków; Weight Control: 11.11.2016 r. (Friday) from 19:00 to 21:00 Official weight and medical examinations: 12.11.2016 r. (Saturday) hours: U11 - U13 - 8:00 9:30                                  U15 - 12:30 - 13:30 WARNING: 1. While weighing the competitor must have an identity document, a card of weight and medical examination card or written parental consent 2. The participant out of the weight limit category in which he was reported for the competition will automatically be rewritten to a different weight class 3. The planned program in the event hours will be weighing ONLY in the following age categories !!! 4. Charter of the weight can be picked up by the team manager before weighing the Office of the competition. 5. It is not allowed to weigh athletes without clothes. When weighing they must be wearing underwear. Weight limits are increased by an additional 100 g.</p>
<b>21. Other information:</b>	<p>1. All competitors must have a valid insurance against accidents (NNW). The responsibility for providing security for the participants of the competition rests with the clubs. 2. Competitors must have a current medical certificate. Responsibility for validity and having medical certificate by the participants must be in the hands of club trainers. The permission for the competition must be given by a physician specialist in sports medicine, in the absence of a medical specialist in the field of sports medicine, the permission may be issued by a doctor holding a certificate of induction course for specialization in the field of sports medicine. <u>The study which does not meet the above requirements will not be taken into account, the same competitor will not be allowed to participate in the competition.</u> 3. The Organizer is not responsible for the events occurred.</p>
<b>22. Prizes:</b>	The competitors who have won places I-III in each weight category receive a diploma and medals; the place number V receive the diplomas
<b>23. Training Seminar:</b>	Trainer Mr. Krzysztof Węglarz (Vice Academic World Championships 2002): Sunday 11.12.2016 r. Two training sessions (technology and randori): I - 09.30 - 11.30, the second - 14.30 - 16.30

**Organizatorzy życzą miłego pobytu w Krakowie ☺**



Wsparcia udziela:

